

**INSPIREHEALTH SUPPORTIVE CANCER CARE  
PATIENT REFERRAL FORM FOR PHYSICIANS**



**InspireHealth**  
SUPPORTIVE CANCER CARE

- Individual and group support for cancer patients in exercise therapy, stress management, mental health, nutrition, and counselling
- Physicians, Registered Dietitians, Clinical Counsellors, Exercise Therapists
- All services are *free of charge* and currently offered virtually

Web: [www.inspirehealth.ca](http://www.inspirehealth.ca)  
Email: [info@inspirehealth.ca](mailto:info@inspirehealth.ca)  
Toll Free: 1-888-734-7125  
Fax: 604-734-7105

Date of Referral: \_\_\_\_\_

**Referring Physician:**

Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Organization: \_\_\_\_\_ Billing Number: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Patient Information:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address (street, city, postal code): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ PHN: \_\_\_\_\_

Cancer Diagnosis: \_\_\_\_\_  Pre-treatment  In-treatment  Post-treatment

**InspireHealth Programs & Services** (please check all that may benefit your patient):

- Nutrition Support  Counselling/Art Therapy  Supportive Care Physician  
 Stress Management (e.g.: mindfulness)  Cancer Education  
 \*Exercise Therapy including strength/aerobics/yoga/qigong classes

***\*If referring a patient to exercise therapy, please provide the following information:***

Patient Comorbidities:

- Cardiovascular Disease  Hypertension  Diabetes  Kidney Disease  COPD  
 Osteoporosis/Osteopenia

Exercise Considerations and/or Contraindications (e.g.: bone metastases): \_\_\_\_\_

Recent Blood Pressure Reading (if available): \_\_\_\_\_

**By signing below, I am providing clearance for this patient to participate in exercise.**

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date Signed

Please fax your referral form to **InspireHealth Supportive Cancer Care** at 604-734-7105.

**LOWER MAINLAND  
VANCOUVER**  
604.734.7125  
#200 - 1330 West 8th Ave.

**VANCOUVER ISLAND  
VICTORIA**  
250.595.7125  
#212 - 2187 Oak Bay Ave.

**SOUTHERN INTERIOR  
KELOWNA**  
250.861.7125  
#204 - 1740 Gordon Dr.