



InspireHealth, a Canadian leader in supportive cancer care is seeking a Clinical Exercise Physiologist (CEP) to join our Kelowna team. This position is available for immediate hire.

### ABOUT INSPIREHEALTH

InspireHealth is a not-for-profit supportive cancer care organization partially funded by the BC Ministry of Health. Since 1997, we have provided programs and services to enhance quality of life, health and well-being of people living with cancer and their families. Our cancer rehabilitation services support and educate people during and after cancer treatment. We offer practical and personalized exercise therapy, stress management, nutrition and counselling services.

### Clinical Exercise Physiologist

This position reports directly to the Exercise Therapy Team Lead and Chief Medical Officer. As a CEP, this individual provides exercise and fitness related services including consultations, physical assessments and teaching classes. In addition, the CEP teaches and facilitates other InspireHealth programs, reaches out to the community through speaking engagements, liaises with other healthcare professionals and outside agencies, and performs other related duties as required. Operational and administrative roles including marketing, event coordination/support, communications, and fundraising, may be required.

### Key Responsibilities

- Perform individualized exercise consultations with patients including history taking, review of medical reports, determination of current and potential activity levels, assessment of current fitness levels, and discussion of behavior change and goals
- Prepare individualized activity plans and programs based on diagnosis, health status and concerns, activities of daily living, patient goals, energy levels, treatment-related side effects, and recommendations from physicians or other health professionals
- Design and facilitate exercise-related group programming including walking groups, group strength and stretch, and strength-based circuit classes
- Observe and analyze patients during exercise sessions, write progress reports and consult with other health professionals as necessary
- Provide education to patients regarding health promotion, physical activity, exercise, and injury prevention
- Give public talks and participate in community networking events to promote InspireHealth
- Contribute written articles to the InspireHealth newsletter, blog, and magazines
- Operational duties in marketing, fundraising, events and administration may also be required

LOWER MAINLAND  
VANCOUVER  
604.734.7125  
#200 - 1330 West 8th Ave

VANCOUVER ISLAND  
VICTORIA  
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SOUTHERN INTERIOR  
KELOWNA  
250.861.7125  
#123 - 525 Bernard Ave

INSPIRELIFE CANADA  
VIRTUAL CENTRE  
inspirehealth.ca/  
inspirelifecanada



### Qualifications & Skills

- Bachelor's or Master's degree in an exercise-related field (e.g. kinesiology, human kinetics, exercise physiology, or exercise science)
- Clinical Exercise Physiologist (CEP) designation from a recognized governing body (i.e., CSEP, ACSM)
- Required to carry 2 million dollars of personal liability insurance
- 1 - 2 years of related experience (teaching exercise classes, performing assessments, consultations)
- Experience in teaching yoga, Tai Chi or other supportive movement therapies is an asset
- Business, sales, marketing and/or development experience and interest is an asset
- Excellent presentation skills and oral and written communication ability
- Competent technical skills on Windows based systems
- A strong sense of initiative both individually and as part of a team
- Manage a complex and varied workload

### The Healing Environment at InspireHealth

We operate within a cultural environment of team work, self-responsibility, open communication, integrity, and self-care. We recognize that our personal growth has a direct impact on our ability to successfully realize our goals and provide the highest level of service to our patients. We invite staff to meditate together each morning as a team. This opportunity is ideal for individuals who:

- Are dedicated to their own personal growth, health and well-being at the levels of mind, body and spirit
- Are self-responsible and accountable
- Are team-oriented and heart-centered
- Are passionate about supportive care- healthy nutrition, exercise, stress reduction and emotional support
- Thrive in an organizational culture of transparency

### How to Apply

You must be eligible to work in Canada at the time of application. Please email your resume along with a cover letter to [hr@inspirehealth.ca](mailto:hr@inspirehealth.ca).

In your cover letter, please share your understanding of a 'healing environment' and why you would like to work for InspireHealth. Please include 'Exercise Physiologist- Kelowna' in the Subject line of your email and include your last name in the file name for both your resume and cover letter. Submit your application as soon as possible. We review applications as they are received. We appreciate all applicants however we will only be in contact with those selected for an interview.

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