



InspireHealth, a Canadian leader in supportive cancer care, is seeking volunteers to support our LIFE Program, a two-day program which explores InspireHealth's foundations of health and healing. The LIFE Program is held monthly and we require various volunteers to help with set up, hosting duties, food prep, and take down at the end.

LIFE Program Set Up

- Set up large meeting room with tables, chairs and all equipment needed to create a comfortable, warm and welcoming space for our patients.
- Prepare healthy snacks.
- This position does entail light physical work.
- Commitment: 2-4 hours per month for 6 month minimum.

LIFE Program Host

- Prepare healthy snacks.
- Oversee snacks and meals and all dishes and utensils are set out on time and in an attractive manner.
- Keep tea and water containers full.
- Clear away dishes after meals.
- Keep kitchen clean and orderly.
- Commitment: 4-8 hours per month for 6 month minimum.

LIFE Program Food Prep

- Prepare vegetarian food (following a recipe) for lunch.
- Keep kitchen clean and orderly.
- Commitment: 3-4 hours per month for 6 month minimum.

Life Program Take Down

- Put away all tables, chairs, equipment and supplies.
- Keep kitchen clean and orderly.
- This position does entail light physical work.
- Commitment: 2-4 hours per month for 6 month minimum.

Requirements & Availability

Interested volunteers are required to attend a Fireside Information Session, held every Monday from 3-4 pm or Thursday from 7-8 pm, prior to beginning their first shift.

LOWER MAINLAND
VANCOUVER
604.734.7125
#200 - 1330 West 8th Ave

VANCOUVER ISLAND
VICTORIA
250.595.7125
#212 - 2187 Oak Bay Ave

SOUTHERN INTERIOR
KELOWNA
250.861.7125
#123 - 525 Bernard Ave

INSPIRELIFE CANADA
VIRTUAL CENTRE
inspirehealth.ca/
inspirelifecanada



How to Apply

Please email your resume, a brief cover letter and your completed Volunteer Application form (which you will find on our website) to tmackenzie@inspirehealth.ca with the title LIFE Program Support.

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